

J-1 Immigration Regulations

Fall 2026



FSU Center for Global Engagement

J-1 Exchange Student Advisor



Former Exchange Student
London, Spring 2014

Morgen Mueller, J.D.

J-1 Program Manager

jscholar@fsu.edu

(850) 645-6879

Center for Global Engagement

International Student & Scholar Services (ISSS)

110 S Woodward, Second Floor

Make advising appointments in Nole Start

M-F, 2:00 - 4:00 pm

Nole Start

- You will use Nole Start (istart.fsu.edu) to submit forms and requests to the CGE, including:
 - Arrival Confirmation
 - Travel Signature Request
 - Work Authorization Request
- Select J-1 **Student** Services tab for correct forms
 - Not** J-1 Scholar
- DS-2019s and other documents available in upper right corner

The screenshot shows the Nole Start website for Florida State University's Center for Global Engagement. The header includes the FSU logo and navigation links. The main content area is titled 'J-1 Student Services' and features a 'Tasks' section with various service tiles. A red 'X' is drawn over the 'J-1 Scholar Services' link in the left sidebar, and a green circle highlights the 'J-1 Student Services' link. An arrow points to the 'Documents' link in the top right corner.

FSU FLORIDA STATE UNIVERSITY | CENTER FOR GLOBAL ENGAGEMENT

Nole Start

Home
Admission
~~J-1 Scholar Services~~
J-1 Student Services
Schedule with an Advisor

J-1 Student Services Documents

Tasks

Non-degree Short-term Exchange Students	Visa Update - J-1 FSU Sponsored Students
Academic Training Request - J-1 Degree-Seeking Students	Submit Forms/Applications - J-1 Degree-Seeking Students
CGE - Arrival Confirmation J-1 Student	Add a J-2 Dependent Request (J-1 Student)
J-1 Student Employment Authorization Request	Travel Signature Request - J-1 FSU Sponsored Student
Ending J-1 Record	

The J-1 Visa

- **Non-immigrant** visa issued to exchange visitors participating in programs that promote cultural exchange
- *Mutual Educational and Cultural Exchange Act of 1961* (Fulbright-Hays Act)
 - versions have existed since 1948
- Goal is “to increase **mutual understanding** between the people of the United States and the people of other countries”

J-1 Visa Categories

Exchange Visitors (EVs)

Students – Two Types

- **Degree-seeking**
 - Bachelors, Masters, PhD
 - Government funding/scholarship that specifically requires J-1
- **Non-degree exchange student**
 - You!
 - Formal exchange agreement
- **Almost all other international students at FSU are F-1**
 - Different rules!

Other Categories

- **Research Scholar**
- **Professor**
- **Short-term Scholar**
- Specialist
- Student Intern
- Secondary school student
- Summer work/travel
- Au pair
- Camp counselor
- Trainee
- International visitor
- Government visitor
- Secondary school teacher

J-1 Visa Rules

- Two-year residence requirement – Section 212(e)
- May not change purpose of program at any time
 - May not change category from non-degree to degree-seeking
- May not have a gap between end of coursework and Academic Training (internship, field related employment)
- Academic Training approved through CGE, not USCIS
- Insurance requirements: entire length of program (FSU Plan, ISO)
- Reporting requirements: U.S. address & phone #, serious incidents
- Program termination is permanent and may impact your ability to return to the U.S.

J-1 Reporting Requirements

- Change of Address or U.S. phone number
 - Report within 10 days through MyFSU
- Report to your advisor within 21 days (email or meeting)
 - Legal name change
 - Early withdrawal from program
- Serious incidents (“serious problem or controversy”)
Examples:
 - Arrested or charged with a crime (ticket/citation)
 - Lost or stolen passport
 - Serious medical issues: hospitalized 48 hours or more
 - Serious mental health concerns
 - suicidal ideation or attempt, eating disorder, self-harm
 - Serious behavioral problems
 - intimidation, harassment, assault, substance abuse
 - If in doubt, talk to me!

jscholar@fsu.edu

Enrollment Rules

- Your J-1 status is based on your status as a student
- J-1 students are required to maintain a full course of study
- Full course of study = 12 hours for undergrads
 - Defined by your university's exchange agreement with FSU
- Credit hour = classroom time only
 - Expect to spend 2-3 hours studying outside the classroom for every credit hour in which they are enrolled.
- Courses are negotiated with your university
- Do not miss the first day of class!!!
 - If you are dropped from a class it is very hard to get your spot back

Authorized Reduced Course Load (RCL)

Only for specific reasons per U.S. immigration law (at sponsor discretion):

- Bona fide Academic Reason
 - Limited, but please do request if you are struggling
- Medical Reasons
 - Health/mental health
- Must be authorized in advance
 - J-1 Advising Appointment
- Reasons not valid for Reduced Course Load (RCL):
 - Illness of family member
 - Financial reasons
 - Need more time for your job/employment

Employment Rules

- You can only work ON CAMPUS with written work authorization issued by the CGE
- You can only work OFF CAMPUS with written authorization for ACADEMIC TRAINING issued by CGE.
- If you DO NOT have written authorization from CGE you ARE NOT ALLOWED to be working, even if you have an SSN (from previous visit)
- Work authorizations are for specific employment – not general permits
 - Need a new authorization if you change jobs
- Request work authorizations in Nole Start
 - Nole Start → J-1 Student Services → J-1 Student Employment Authorization Request

On-Campus Employment

- You can ONLY work for 20 hours per week during Spring and Fall semesters, with authorization in writing and in SEVIS
- 20 hours in TOTAL for ALL on-campus employment, even if you have more than one job
- Full-time employment (more than 20 hours) may be approved during breaks – Spring Break and between terms

Employment performed on the FSU campus for an FSU entity*:

- ✓ Academic Department
- ✓ Research facility
- ✓ Library
- ✓ Computer Lab

*Extra state screening required

Companies contracted with FSU to provide student services:

- ✓ Dining Services
- ✓ FSU Bookstore

Not on campus:

- X Bill's Bookstore
- X FSU View
- X Construction Site

Off-Campus Employment

Economic Hardship

- **Unforeseen, sudden, urgent** – uncommon
- Part of 20 hours allowed during regular semester
- Prior written approval required
- Big credit card bills, inability to pay university fees, or insurance are NOT considered “unforeseen”

Academic Training (Internship: paid or unpaid)

- MUST be related to field of study
- There is a process! Talk to Caitlyn Reichert EARLY if interested
- Post-completion in vast majority of cases, hard to obtain (authorization, RAMP)
- AT must be approved by home institution before CGE will issue authorization
- Must COMPLETE your AT application by October 15th (Fall only students), March 13th (AY/Spring students) for post-completion training

Employment: Social Security

Your EMPLID number is an FSU number assigned to you

- NOT a real government-assigned SSN
- Do NOT use this number as your SSN

Can you get a Social Security Number?

Social Security Administration requires students to have employment and employment authorization before applying for an SSN

See CGE Social Security handout for details



Unauthorized Employment

- Off-campus work (employee at car dealership, sunglass stand in mall, friend's or family's restaurant)
- Babysitting, private tutoring, private language lessons, teaching people to drive, play guitar, etc.
- Social media influencer, streamer, ad revenue, music publications (without authorization for AT)
- Home business (internet-based, business entity even with no salary, Etsy)
- Internship with no Academic Training authorization
- Working over your 20 hours per week on-campus during regular semesters
- Doing ANY work without written authorization from the CGE!

J-1 Program Termination

- **Program termination is permanent and may impact your ability to return to the U.S.**
- **Terminated program = terminated J-1 visa status**
- **Exit the U.S. within 24-48 hours at your own expense**

Reasons for Termination

- Conviction of a crime
- Disciplinary action
- Involuntary suspension
- Violating sponsor rules governing the program
- Violating Exchange Visitor program regulations
- Failure to maintain health insurance or misrepresentation or insurance coverage
- Failure to maintain a full course of study
- Failure to pursue EV program activities
- Engaging in unauthorized employment
- Failure to submit change of current address or U.S. phone number within 10 days

J-1 Immigration Documents

- Passport
- U.S. visa (visa “stamp”)
- DS-2019
- I-94

Passport Safety

- Only have your passport with you when it is absolutely required, such as for travel
 - Get a Florida ID for regular identification purposes!
- Otherwise, keep your passport in a secure location
- Losing your passport or having it stolen is a very difficult experience which should be avoided
 - Lost passport = lost visa stamp
- Reporting your passport lost or stolen may automatically cancel your U.S. visa
- Please attach a CGE business card to your passport with a paper clip in case it gets lost or stolen

DS-2019: Purpose of Form

- Gives specific information regarding your student status in U.S.
- Shows proof of FSU sponsorship of your J-1 program
- Identifies the location where you are authorized for study or academic training
- Describes the purpose of your program
- Provides your program dates
- 212(e)
- Explains your J-1 program requirements on page two

U.S. Department of State
CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

OMB APPROVAL NO. 1405-0119
 03/15/2014
 ESTIMATED BURDEN TIME: 45 min
 *See Page 2

1. Exchange Visitor Name: Exchange Visitor		Given Name: Example		Gender: MALE		J-1 J1000000000
Date of Birth (mm-dd-yyyy): 03-25-1995		City of Birth: Your City		Citizenship Country: SWEDEN		
Country of Birth: SWEDEN		Citizenship Country Code: SW		Citizenship Country: SWEDEN		
Legal Permanent Residence Country Code: SW		Portion Code: 213		Position: UNIVERSITY TEACHING STAFF INCLUDING R		
Primary Site of Activity: ROBERTSON Research Institute 9900 MOUNTAIN LANE FORT WASHINGTON, MD 20744-2430						
3. Program Sponsor: Robertson Research Institute Program Number: D-1-15029						
Participating Program Official Description: PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT RESEARCHER; STUDENT DOCTORATE; STUDENT INTERNS; STUDENT MASTERS; STUDENT NON-DEGREE						
Purpose of this form: OTHER						
3. Form Covers Period:		4. Exchange Visitor Category:				
From (mm-dd-yyyy): 03-25-2016		PROFESSOR				
To (mm-dd-yyyy): 03-24-2019		Subject/Field Code Remarks: scholar will teach classes in engineering				
5. During the period covered by this form, the total estimated financial support (in U.S. \$) to be provided to the exchange visitor by: Current Program Sponsor: Funds - \$82,000.00 Total - \$82,000.00						
6. U.S. DEPARTMENT OF STATE / DHS USE OR CERTIFICATION BY RESPONSIBLE OFFICER OR ALTERNATE RESPONSIBLE OFFICER THAT A NOTIFICATION COPY OF THIS FORM HAS BEEN PROVIDED TO THE U.S. DEPARTMENT OF STATE (UNCLAS DATE):		7. Jane Smith Name/Official Preparing Form 123 Main St. Vallejo, CA 94594 Address of Responsible Officer or Alternate Responsible Officer Signature of Responsible Officer or Alternate Responsible Officer Title 222-222-2222 Telephone Number 03-25-2016 Date (mm-dd-yyyy)				
8. Statement of Responsible Officer for Receiving Sponsor (FOR TRANSFER OF PROGRAM) Effective date (mm-dd-yyyy): _____ Transfer of this exchange visitor from program number _____ sponsored by the program specified in item 2 is necessary or highly beneficial and is in conformity with the objectives of the Mutual Educational and Cultural Exchange Act of 1962, as amended.						
Signature of Responsible Officer or Alternate Responsible Officer _____ Date (mm-dd-yyyy) of Signature _____						
PRELIMINARY ENDORSEMENT OF CONSULAR OR IMMIGRATION OFFICER REGARDING SECTION 212(c) OF THE IMMIGRATION AND NATURALITY ACT AND PL 94-484, AS AMENDED (see item 1(c) of page 2)				TRAVEL VALIDATION BY RESPONSIBLE OFFICER (Maximum validation period is 1 year*)		
The Exchange Visitor is in the status of program: 1. ☐ Not subject to the following additional requirements: 2. ☐ Subject to two-year residence requirement based on: A. ☐ Government financing and/or B. ☐ The Exchange Visitor Status List and/or C. ☐ PL 94-484 as amended (ALL EXCHANGE PARTICIPANTS (G-24063) AND ALL ALLEN PHYSICIANS SPONSORED BY FSU-MEHS ARE SUBJECT TO THE TWO-YEAR HOME RESIDENCE REQUIREMENT)				1) Exchange Visitor is in good standing at the present time _____ Date (mm-dd-yyyy) Signature of Responsible Officer or Alternate Responsible Officer 2) Exchange Visitor is in good standing at the present time _____ Date (mm-dd-yyyy) Signature of Responsible Officer or Alternate Responsible Officer		
Name _____ Title _____ Signature of Consular or Immigration Officer _____ Date (mm-dd-yyyy) _____ THE U.S. DEPARTMENT OF STATE RESERVES THE RIGHT TO MAKE FINAL DETERMINATION REGARDING 212(c)				Signature of Responsible Officer or Alternate Responsible Officer _____		
EXCHANGE VISITOR CERTIFICATION: I have read and agree with the statement in item 2 on page 2 of this document.						
Signature of Applicant _____ Date (mm-dd-yyyy) _____				Signature of Responsible Officer or Alternate Responsible Officer _____		

DS-2019
03/2011

Page 1 of 2

DS-2019: International Travel

- Take your DS-2019 with you when traveling internationally during your program
 - Travel signature needed!
 - Request via Nole Start
- Present DS-2019 to CBP officer when you re-enter the U.S. and emphasize J-1 status
- If you are admitted to the U.S. as a tourist (not J-1), you are not authorized to study or work
- Make sure that this is clear, especially in Florida – popular tourist destination

U.S. Department of State
CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

OMB APPROVAL NO. 1405-0119
 03/10/2004
 ESTIMATED BURDEN TIME: 45 min
 *See Page 2

1. Exchange Visitor Name: Exchange Visitor: Date of Birth (mm-dd-yyyy): 03-25-1995		Given Name: Example Country of Birth: SWEDEN		Citizenship Country Code: SW	Citizenship Country: SWEDEN	Gender: MALE	NO000000000
2. Legal Permanent Residence Country Code: SW		Legal Permanent Residence Country: SWEDEN		Passport Code: 213	Position: UNIVERSITY TEACHING STAFF INCLUDING R		J-1
3. Program Sponsor: Robertsson Research Institute Program Number: D-1-15029 Participating Program Official Description: PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORS; STUDENT INTERNS; STUDENT MASTERS; STUDENT NON-DEGREE							
Purpose of this form: OTHER							
A. Form Covers Period: From (mm-dd-yyyy): 03-25-2016 To (mm-dd-yyyy): 03-24-2019		4. Exchange Visitor Category: PROFESSOR Subject/Field Code Remarks: 00.0000 scholar will teach classes in engineering					
5. During the period covered by this form, the total estimated financial support (in U.S. \$) to be provided to the exchange visitor by: Current Program Sponsor: Funds: \$ 982,000.00 Total: \$ 982,000.00							
6. U.S. DEPARTMENT OF STATE / DHS USE OR CERTIFICATION BY RESPONSIBLE OFFICER OR ALTERNATE RESPONSIBLE OFFICER THAT A NOTIFICATION COPY OF THIS FORM HAS BEEN PROVIDED TO THE U.S. DEPARTMENT OF STATE (UNCLINE DATE).				Name/Official Preparing Form: Jane Smith 123 St. Valdosta, GA 31554 Address of Responsible Officer or Alternate Responsible Officer: Signature of Responsible Officer: _____ Alternate Responsible Officer: _____			
8. Statement of Responsible Officer for Receiving Sponsor (FOR TRANSFER OF PROGRAM) Effective date (mm-dd-yyyy): _____ Transfer of this exchange visitor from program number _____ to the program specified in item 2 is necessary or highly beneficial and is in conformity with the objectives of the Mutual Educational and Cultural Exchange Act of 1960, as amended.				Name/Official Preparing Form: Title: Telephone Number: Date (mm-dd-yyyy):			
PRELIMINARY ENDORSEMENT OF CONSULAR OR IMMIGRATION OFFICER REGARDING SECTION 212(a) OF THE IMMIGRATION AND NATIONALITY ACT AND PL 94-484, AS AMENDED (see item 1(a) of page 2) The Exchange Visitor in the above program: 1. ☐ Not subject to the following admission requirement. 2. ☐ Subject to two-year residence requirement based on: A. ☐ Government financing and/or B. ☐ The Exchange Visitor Skills List and/or C. ☐ PL 94-484 as amended (ALL USED PARTICIPANTS G-24063) AND ALL ALB PHYSICIANS SPONSORED BY J-1-MHA ARE SUBJECT TO THE TWO-YEAR HOME RESIDENCE REQUIREMENT.				TRAVEL VALIDATION BY RESPONSIBLE OFFICER (Maximum validation period is 1 year*) *EXCEPT: Maximum validation period is up to 6 months for Short-term Scholars and 4 months for Camp Counselors and Summer Work Travel (1) Exchange Visitor is in good standing at the present time. Date (mm-dd-yyyy): Signature of Responsible Officer or Alternate Responsible Officer: (2) Exchange Visitor is in good standing at the present time. Date (mm-dd-yyyy): Signature of Responsible Officer or Alternate Responsible Officer:			
Name: _____ Title: _____ Signature of Consular or Immigration Officer: _____ Date (mm-dd-yyyy): _____ THE U.S. DEPARTMENT OF STATE RESERVES THE RIGHT TO MAKE FINAL DETERMINATION REGARDING 212(a) EXCHANGE VISITOR CERTIFICATION: I have read and agree with the statement in item 2 on page 2 of this document.				Signature of Applicant: _____ Date (mm-dd-yyyy): _____ Signature of Responsible Officer or Alternate Responsible Officer: _____			

DS-2019
 05/2011

Page 1 of 2

U.S. Visa “Stamp”

- The U.S. visa “stamp” in your passport allows you to travel to a U.S. port of entry (border)
- It does not grant you visa status or guarantee entry into the U.S.
- The U.S. Customs & Border Patrol (CBP) officer makes the final decision
- New visa stamps must be obtained outside the U.S. at a U.S. embassy or consulate
- An expired visa stamp does not affect your J-1 visa status
 - You can still legally remain in the U.S. with an expired stamp



I-94 Arrival/Departure Record

- Form I-94 is your official proof of legal entry and presence in the U.S.
- You are required to keep a **paper copy** of your **most recent I-94 on your person** (with you) at **all times**.
 - If not, can be detained (arrested) or fined
- Give I-94 if asked to verify legal status in U.S. by authorities (police, ICE, etc.)
- Check and print a new one every time you re-enter the U.S.
- Class of Admission: J1
 - Anything else, contact J1 Advisor ASAP



U.S. Customs and Border Protection
Securing America's Borders

Most Recent I-94

Note to employers, local, state or federal agency granting benefits:
Please visit the CBP I-94/I-95 Website and click on the tab for "Get Most Recent I-94/I-95" to perform a search for the applicant to confirm that the biographic and travel information displayed on this I-94/I-95 printout matches the "Get Most Recent I-94/I-95" returned results for this applicant. Reference the CBP I-94/I-95 Website FAQs.

Admission I-94 Record Number: 123456789A4

Arrival/Issued Date: 2026 January 02

Class of Admission: J1

Admit Until Date: D/S

Details provided on the I-94 Information form:

Last/Surname: GATOR

First (Given) Name: ALLISON MARIE

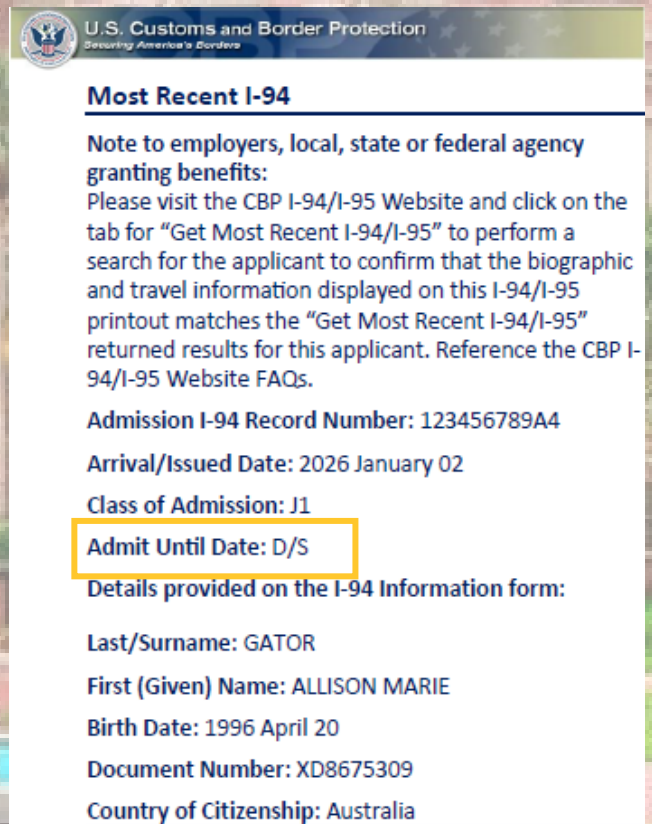
Birth Date: 1996 April 20

Document Number: XD8675309

Country of Citizenship: Australia

I-94 Admit Until Date

- New regulation: September 15, 2026
 - Affects both J-1 and F-1
 - Affects F-1 differently and many more ways
- Currently your Admit Until Date (AUD) should say "D/S"
 - Duration of Status = entire length of your program dates on DS-2019
- After September 15, 2026, your AUD will be a specific date (MM/DD/YYYY)
- AUD should be 30 days after the program end date on your DS-2019
 - If it says any other date, contact J1 Advisor



U.S. Customs and Border Protection
Securing America's Borders

Most Recent I-94

Note to employers, local, state or federal agency granting benefits:
Please visit the CBP I-94/I-95 Website and click on the tab for "Get Most Recent I-94/I-95" to perform a search for the applicant to confirm that the biographic and travel information displayed on this I-94/I-95 printout matches the "Get Most Recent I-94/I-95" returned results for this applicant. Reference the CBP I-94/I-95 Website FAQs.

Admission I-94 Record Number: 123456789A4

Arrival/Issued Date: 2026 January 02

Class of Admission: J1

Admit Until Date: D/S

Details provided on the I-94 Information form:

Last/Surname: GATOR

First (Given) Name: ALLISON MARIE

Birth Date: 1996 April 20

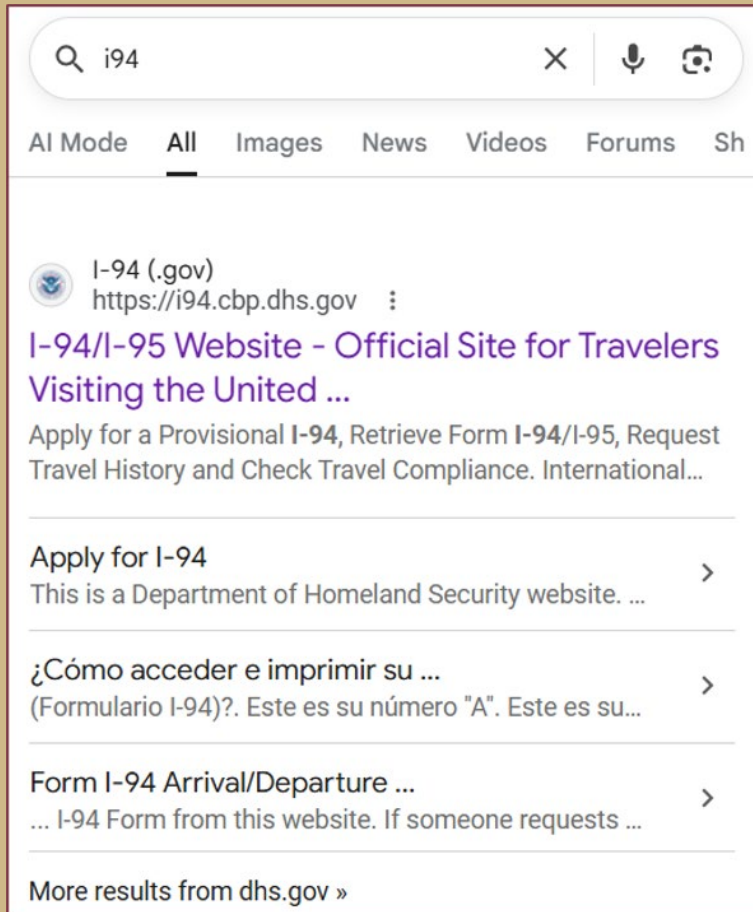
Document Number: XD8675309

Country of Citizenship: Australia

How to Get Most Recent I-94

Step 1

Go to official U.S. government electronic I-94 website:



i94.cbp.dhs.gov

Step 2 (full screen browser view)

The screenshot shows the official website of the Department of Homeland Security for U.S. Customs and Border Protection. The header includes the department's name and logo. A navigation bar contains links: Home, Apply for I-94, Get Most Recent I-94/I-95 (circled in orange), View Travel History, View Compliance, and Help. The main content area features a large banner for the 'Official Site for Travelers Visiting the United States' with a background image of the U.S. Capitol dome. Below the banner, there are two columns of text providing information about applying for a provisional I-94 and retrieving travel history. At the bottom, there are four smaller boxes with links for instructions, FAQs, and other services. The FSU logo is visible in the bottom right corner.

Official Website of the Department of Homeland Security
U.S. Customs and Border Protection I-94/I-95 Website
Travel Record for U.S. Visitors

Home Apply for I-94 **Get Most Recent I-94/I-95** View Travel History View Compliance Help

Official Site for Travelers Visiting the United States: Apply for Provisional I-94, Retrieve Form I-94/I-95, Request Travel History and Check Travel Compliance

International travelers visiting the United States can apply for a provisional I-94 or retrieve their I-94/I-95 admission number/record (which is proof of legal visitor status) as well as retrieve a limited travel history of their U.S. arrivals and departures.

For instructions on accessing and printing your I-94 using your Alien Registration Number (A number), please [Click here](#).

Para obtener instrucciones sobre como acceder e imprimir su registro de viaje Forma I-94, haga [clic aqui](#).

Visiting the U.S. & Arriving Via a Land Border or Selected Ferry?

A Form I-94 is needed by all visitors except: U.S. Citizens, returning resident aliens, aliens with immigrant visas, and most Canadian citizens visiting or in transit. Travelers will be issued an I-94 during the admission process at the port of entry. If you are traveling via a land border or by ferry from selected ports, you may apply for a provisional I-94 in advance here, saving time while at the port of entry later. If you are a crew member in need of an I-95, one will be issued at the time of arrival.

Reference FAQs for specific ferry ports accepting provisional I-94s.

Need to Learn How to Apply for an I-94? Watch this video here

Apply for Provisional I-94

Already Visiting & Need Proof of Visitor Status?

A traveler lawfully admitted (or paroled) into the U.S. may look up their most recent Form I-94 going back to 1983 for most classes of admission (or parole), and indefinitely for certain classes, such as diplomats and those admitted under the Compacts of Free Association. Crewmembers may also look up their most recent, unexpired, I-95 landing form. The corresponding Form I-94/I-95 may then be printed here. This is considered your lawful record of admission.

If someone requests your admission information, this is the form you would provide.

Get most recent I-94/I-95

Need A History Of Your Arrivals & Departures?

How Much Longer May I Remain in the U.S.?

Step 2 (mobile view)

Official DHS Website

I-94/I-95 Website
Travel Record for U.S. Visitors

Your Recent I-94/I-95

Home Apply for I-94 Search Help

Official Site for Travelers Visiting the United States

International travelers visiting the United States can apply for a provisional I-94 or retrieve their I-94/I-95 admission number/record (which is proof of legal visitor status) as well as retrieve a limited travel history of their U.S. arrivals and departures.

For instructions on accessing and printing your I-94 using your Alien Registration Number (A number), please [Click here](#).

Para obtener instrucciones sobre como acceder e imprimir su registro de viaje Forma I-94, haga [clic aquí](#).

Visiting the U.S. & Arriving Via a Land Border or Selected Ferry?

A Form I-94 is needed by all visitors except: U.S. Citizens, returning resident aliens, aliens with immigrant visas, and most Canadian citizens visiting or in transit. Travelers will be issued an I-94 during the admission process at the port of entry. If you are traveling via a land border or by ferry from selected ports, you may apply for a provisional I-94 in advance here, saving time while at the port of e later. If you are a crew member in need of an I-95, one will be issu at the time of arrival.

Step 3

Official DHS Website

I-94/I-95 Website
Travel Record for U.S. Visitors

Your Recent I-94/I-95

Terms of Service

This is a Department of Homeland Security website. This website including all data accessed is the property of the U.S. Government and is provided for official U.S. Government purposes and use only. You are authorized to use this Site only for personal, non-commercial purposes. You may download or copy the content displayed on the Site for your personal use only. No right, title, or interest in any downloaded material or software is transferred to you as a result of any such downloading or copying.

If you are a Federal, State, local, tribal, or foreign law enforcement officer or government official in need of information about an individual for official purposes, please contact CBP through your established channels.

The access and use of this website are subject to monitoring by DHS for administrative, law enforcement and criminal

DECLINE AGREE

Step 5 – two options

- Capture Document → upload pic of passport bio page, OR
- Click X → enter info manually

Official DHS Website

I-94/I-95 Website
Travel Record for U.S. Visitors

Your Recent I-94/I-95

Document Capture

Selection of the **"CAPTURE DOCUMENT"** button will allow you to populate applicant data with a capture of the applicant's document either by use of the device camera or by accessing a file with an image of the document's biographic page.

The data from the scanned document **MUST** match the identity of the traveler. Following capture, you will have an opportunity to review and edit the captured information to ensure the application is correctly populated.

If you choose the **'Camera'** option, you will be able to use the device camera to read the document's biographic page. For accurate results, make sure the document's entire biographic page is captured, the MRZ is contained within the full width of the photograph and the photograph is not blurry. After successful completion of the photograph, your document's biographic information will be populated in the corresponding fields of the application.

CAPTURE DOCUMENT

First (Given) Name*

Home Apply for I-94 Search Help

Enter Your Traveler Info

CAPTURE DOCUMENT

Note: The info returned may not reflect applications submitted to or benefits received by U.S. Citizenship and Immigration Services or Immigration and Customs Enforcement.

Required fields are indicated by an asterisk *

First (Given) Name*

Last (Family) Name/Surname*

Date of Birth* 
MM/DD/YYYY

Country of Citizenship* passport country

Document Number* passport # (w/J1 stamp)

Continue

Step 6 – print to paper (can adjust scale to fit in wallet)

Official Website of the Department of Homeland Security

U.S. Customs and Border Protection I-94/I-95 Website
Travel Record for U.S. Visitors

Home Apply for I-94 Get Most Recent I-94/I-95 View Travel History View Compliance

Get Most Recent I-94

Get your most recent I-94 form to prove your legal visitor status in the United States

Most Recent I-94

Note to employers, local, state or federal agency granting benefits:
Please visit the CBP I-94/I-95 Website and click on the tab for "Get Most Recent I-94/I-95" to perform a search for the applicant to confirm that the biographic and travel information displayed on this I-94 printout matches the "Get Most Recent I-94/I-95" returned results for this applicant. Reference the [CBP I-94/I-95 Website FAQs](#).

Admission I-94 Record Number: [REDACTED]
Arrival/Issued Date: 2026 January 02
Class of Admission: J1
Admit Until Date: D/S

Details provided on the I-94 Information form:

Last/Surname: [REDACTED]
First (Given) Name: [REDACTED]
Birth Date: [REDACTED]
Document Number: [REDACTED]
Country of Citizenship: Australia

Edit Search Get Traveler History

Nonimmigrant travelers departing the United States by land or private vessel can now use the [CBP Link Mobile Application](#) to report their departure. Please note that departure should only be reported after you have physically left the United States. If you departed by air or sea, your departure was likely recorded automatically.

Print

U.S. Customs and Border Protection
Securing America's Borders

Most Recent I-94

Note to employers, local, state or federal agency granting benefits:
Please visit the CBP I-94/I-95 Website and click on the tab for "Get Most Recent I-94/I-95" to perform a search for the applicant to confirm that the biographic and travel information displayed on this I-94/I-95 printout matches the "Get Most Recent I-94/I-95" returned results for this applicant. Reference the CBP I-94/I-95 Website FAQs.

Admission I-94 Record Number: 123456789A4
Arrival/Issued Date: 2026 January 02
Class of Admission: J1
Admit Until Date: D/S

Details provided on the I-94 Information form:

Last/Surname: GATOR
First (Given) Name: ALLISON MARIE
Birth Date: 1996 April 20
Document Number: XD8675309
Country of Citizenship: Australia

Travel During Your J-1 Program

International Travel

- Carry your passport with J-1 visa stamp, printed I-94, and printed DS-2019
- Keep them in your carry-on “personal item” bag
- Leave a copy of your passport ID page in Tallahassee

Domestic Travel – within the U.S.

- Includes Alaska, Hawaii, Puerto Rico, U.S. Virgin Islands
- Carry paper copy of I-94
- Carry your passport even if you have alternate ID – increased caution

For identification purposes:

- Keep Florida ID or Driver’s License with you at all times
- If you do not get a Florida ID or Driver’s License, you will need to carry your passport (not recommended)

Travel During Your J-1 Program

Before you leave:

- Request travel signature from CGE and/or email J1 Advisor at jscholar@fsu.edu
- Check passport and visa stamp expiration dates
- Research your destination – find out if you need tourist visa, travel restrictions
- Do not travel to Cuba during your J-1 exchange program

When you come back:

- Print NEW I-94
- Check Class of Admission and Admit Until Date
- Email J1 Advisor at jscholar@fsu.edu

Program Completion

You have a 30-day grace period following the program end date on your DS-2019 to legally remain in the U.S.

Your options:

- Academic Training, if permitted by your home institution
- Extend your program, if permitted by your home institution (rare)
- Leave the U.S. before the end of 30-day grace period.
 - You can still travel WITHIN the U.S. during the grace period.

Please note:

- You are NOT authorized for any kind of employment during your grace period.
- Grace period is 30 days, not one month. Mark program end date and grace period in your calendar & set an alert.
- Once you leave the U.S., your J-1 status will end, even if still time left in grace period
 - If you leave and re-enter the U.S. during the grace period, you will need a tourist visa
- Insurance – take note of end date and extend coverage until departure
 - Fall-only student health insurance coverage ends December 31, 2026

Program Completion – Record Keeping

Download/print and save ALL versions of ALL your immigrations documents for your personal records

- You will need them if you ever apply for another U.S. visa in the future
- CGE keeps your documents for only 3 years
 - All versions of your DS-2019 will be available in Nole Start → Documents
 - Download them and save to your personal device/cloud
- Old I-94s “disappear” each time you re-enter the U.S.
 - Print to PDF or save screenshots to personal device/cloud

J-1 Advising

jscholar@fsu.edu

- Immigration questions and concerns
- I-94 “Admit Until Date” updates
- Address and phone updates
- If you’re not sure, just ask!

Nole Start

- Arrival confirmation (!!!)
- Travel signature requests
- Work authorization requests

My FSU

- Update U.S. address and phone within 10 days

- 1:1 advising by appointment only
 - Monday – Friday
 - 2:00 – 4:00 p.m.
 - In-person or Zoom
- Book appointments in NoleStart (istart.fsu.edu)
- When to book an appointment:
 - Upcoming travel
 - Program extensions
 - Early withdrawal from program
 - Incident report questions
 - Reduced course load
 - Etc.

Complete Arrival Confirmation

- If you have not already, please submit ASAP
 - If you wait too long, your SEVIS record will automatically close and cancel your visa

Steps:

1. MyFSU - Add Tallahassee Address and U.S. Phone Number
 - Address: "SEVIS" – include Apt # or Rm #
 - Phone: "Mobile"
2. Print I-94 Arrival/Departure Record
 - <https://i94.cbp.dhs.gov>
3. Login to Nole Start (istart.fsu.edu)
 - Choose J-1 **Student** Services (not scholar!)
 - CGE – Arrival Confirmation J-1 Student