

WELCOME EXCHANGE STUDENTS!

Exchange Student Orientation

12:00 PM – 5:15 PM

The Globe – 110 S Woodward Ave

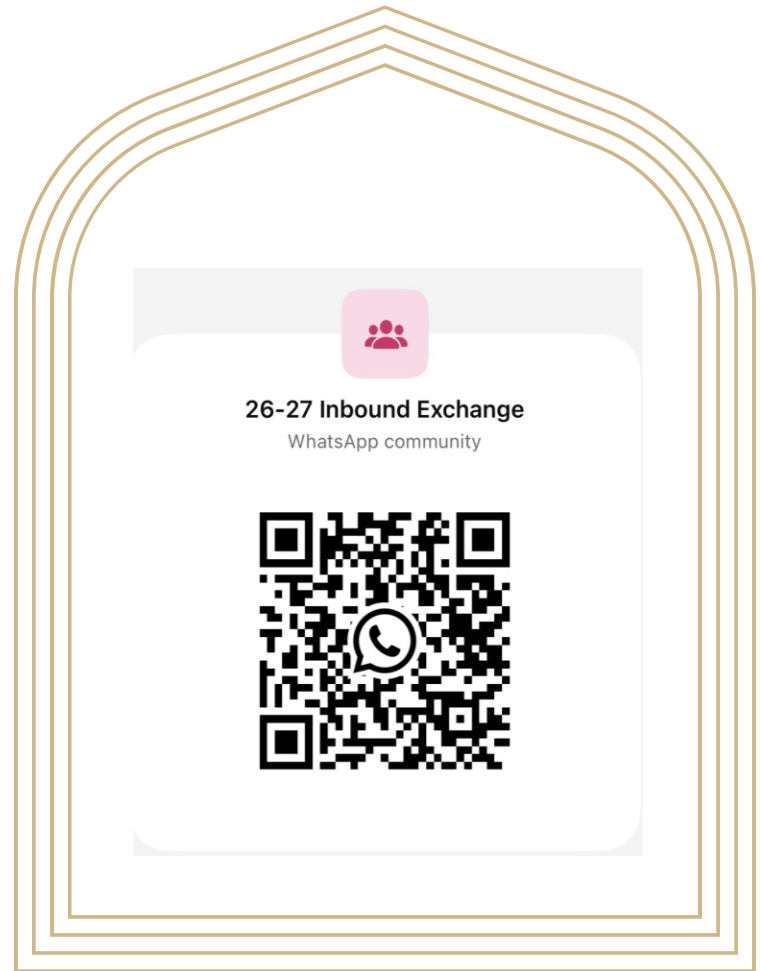
Schedule

12:00 - 1:50	Pizza/Get Involved
2:00 - 2:15	Welcome
2:15 - 2:45	Living in Tallahassee
2:45 - 3:20	Safety & Health in the US
3:30 - 4:20	J-1 Advising
4:25 - 5:15	Academic Success



COMMUNICATION

- FSU Email is the way we will communicate now that you are here.
- Check your FSU email frequently!
- Join What's App group for official notices





Florida Trivia Quiz

Fun Facts for Exchange Students



A decorative border at the top of the slide features several orange blossoms with white petals and yellow centers, interspersed with ripe, orange-colored fruit and green leaves. The background of the entire slide is a solid, warm orange color.

What is Florida's state flower?

★ Rose

★ Orange Blossom

★ Sunflower

★ Hibiscus

What is Florida's state flower?

The Orange Blossom!

Orange Blossoms, which typically bloom in spring, let out a citrusy-sweet fragrance that's hard to miss!



These blossoms are very commonly used in oils and fragrances, as their scent is very popular.



Which U.S. space center is located
in Florida?

- ★ Johnson Space Center
- ★ Kennedy Space Center
- ★ Houston Space Center
- ★ Cape Canaveral Space Base

Which U.S. space center is located in
Florida?

Kennedy Space Center!

The Kennedy Space Center, located in Merritt Island Florida, has been the site for many rocket launches.



The Kennedy Space Center is also known for the Apollo 11 mission, carrying people to the moon and intensifying the space race.



What's the southernmost city in the
continental U.S.

★ Miami

★ Naples

★ Key West

★ Fort Lauderdale

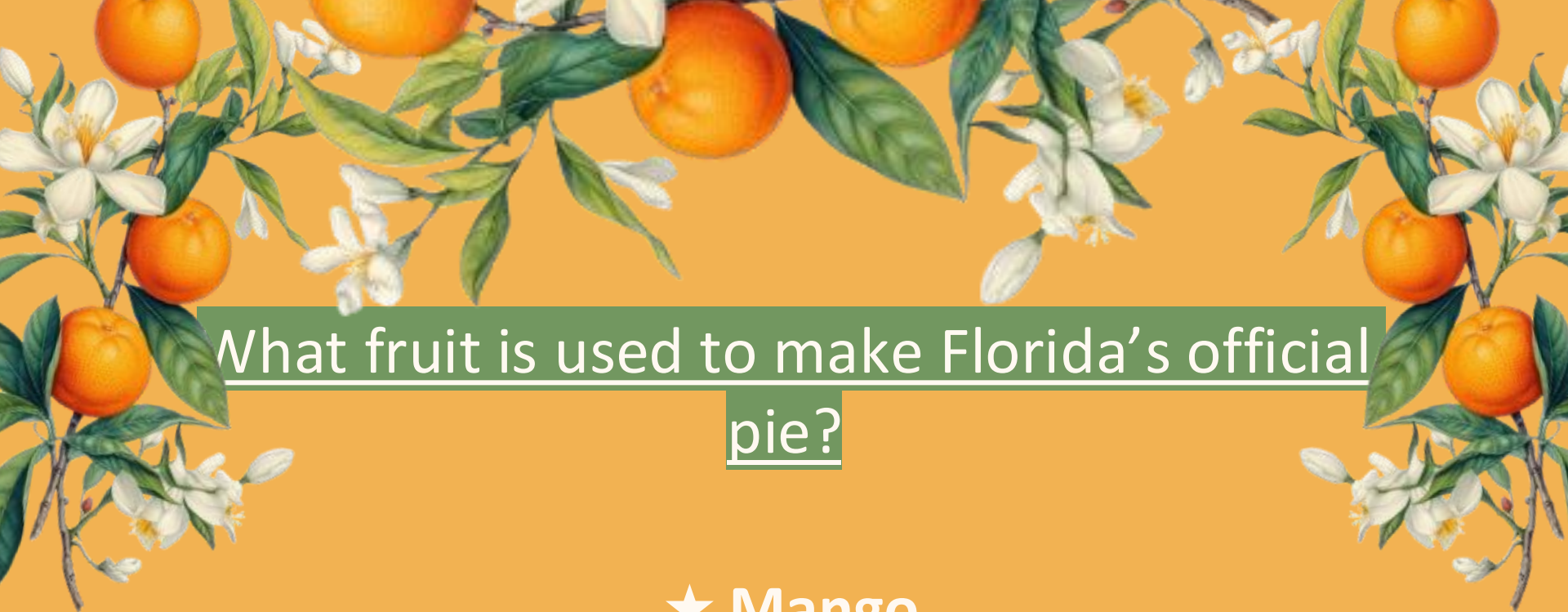
What's the southernmost city in the
continental U.S.

Key West!

Key West is a very popular tourist destination, bringing in over a billion dollars from tourism each year



Interestingly, it is closer to Havana, Cuba than it is to Miami.



What fruit is used to make Florida's official
pie?

★ Mango

★ Orange

★ Pineapple

★ Key Lime

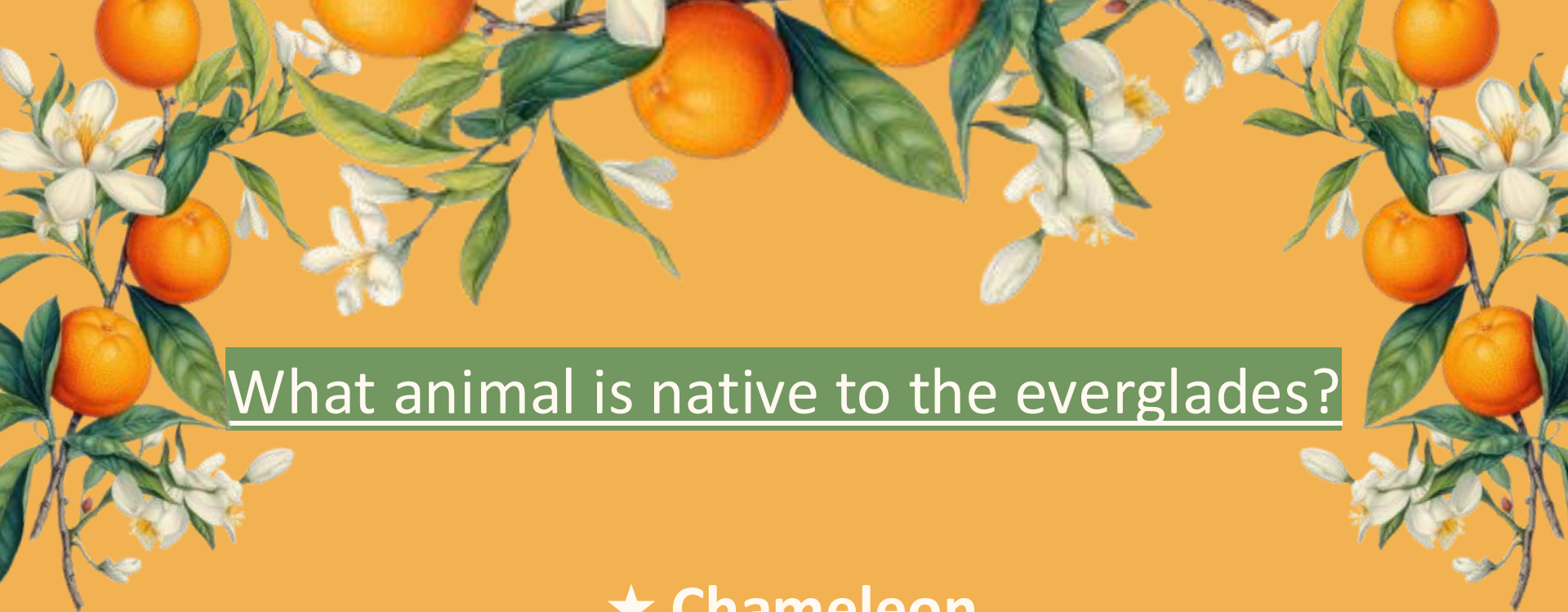
What fruit is used to make Florida's official
pie?

Key Lime!

Key Lime Pie is the official dessert of Florida and is often found on most menus in Southern and Central Florida.



Key Limes are smaller and more round than the typical lime, and are usually more acidic



What animal is native to the everglades?

★ Chameleon

★ Alligator

★ Burmese Python

★ Iguana

What animal is native to the everglades?

Alligator!

In Florida, we have a saying that says "If there's a body of water, there's probably an alligator in it"



The longest recorded gator in Florida was 17 ft 5 in, whereas the heaviest weighed 1,043 lbs.



What is Florida's state nickname?

★ The Sunshine State

★ The Alligator State

★ The Beach State

★ The Orange State

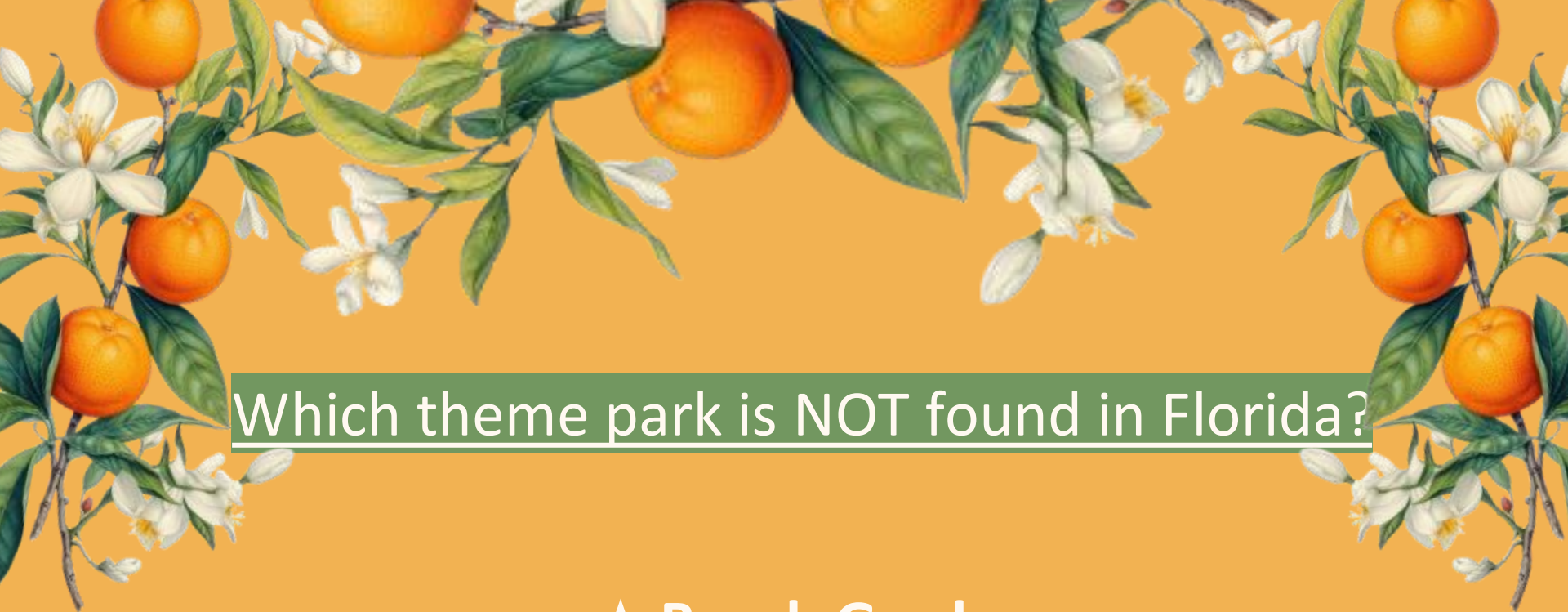
What is Florida's state nickname?

The Sunshine State!

This name was given to Florida in 1970 after a desire for Florida to be rebranded for tourists.



Florida WAS previously called the Citrus State, however that was changed.



Which theme park is NOT found in Florida?

★ Busch Gardens

★ Wild Adventures

★ LegoLand

★ Universal Studios

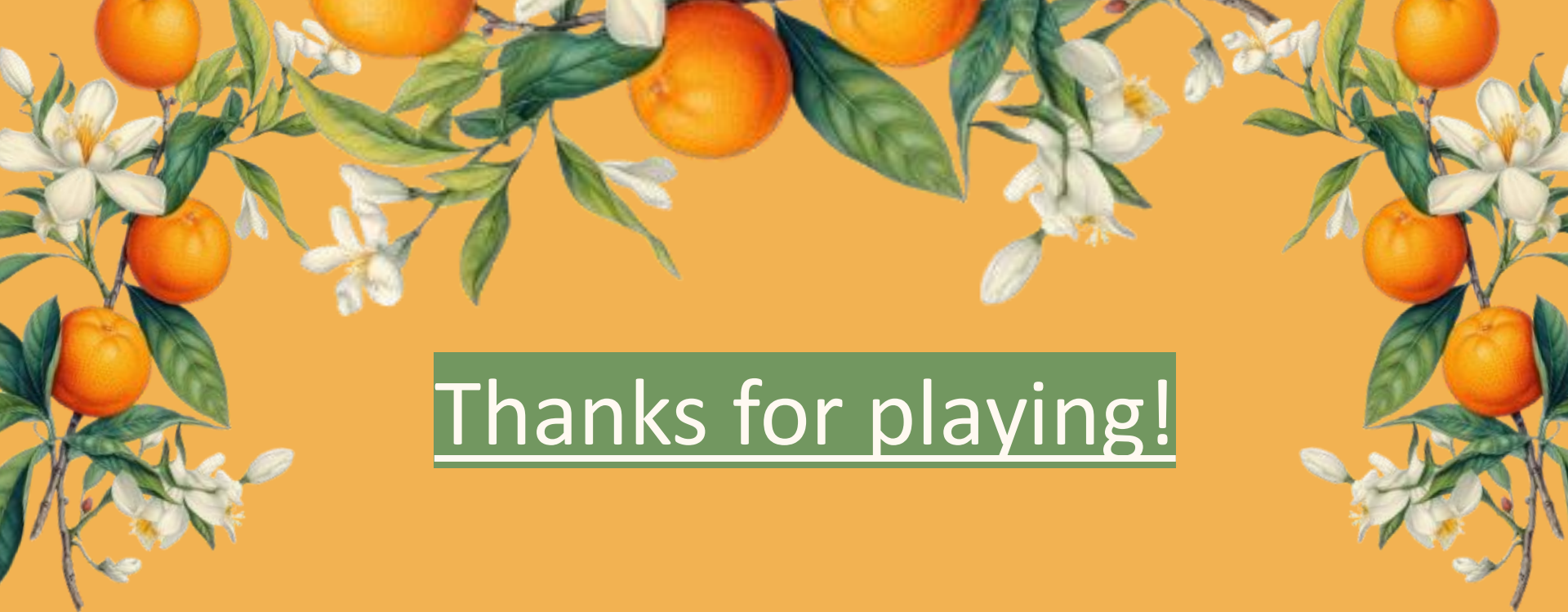
Which theme park is NOT found in Florida?

Wild Adventures!

Florida is known for being the theme park capital of the world, Orlando having 11 theme parks and various water parks alone.



7 of the 10 most visited theme parks can be found in Florida.



Thanks for playing!

Welcome to Florida-
Your adventure starts here!



Hear from an Exchange Student – Quinn?



Welcome.fsu.edu

August 17-29

Get Involved!

There is always something to do and someone to meet at FSU! Find your community and complement your academic experience at Florida State.



Speed Friending!

1ST GLOBAL NOLE BUDDY MEET-UP

August 27

3:30pm - 4:00pm

The Globe- Dining Room
Buddy Speed Friending



EXPLORE ALL THE CLUBS
AND OPPORTUNITIES THAT
FSU HAS TO OFFER!

300+ Student Groups!

**Student
Involvement Fair**

5:00pm - 8:00pm
Civic Center

Global Nole Speed Friending Event 3-4:30, and
then go to the Student Involvement Fair together
at Civic Center 5-8 pm

Other Upcoming Fall Events



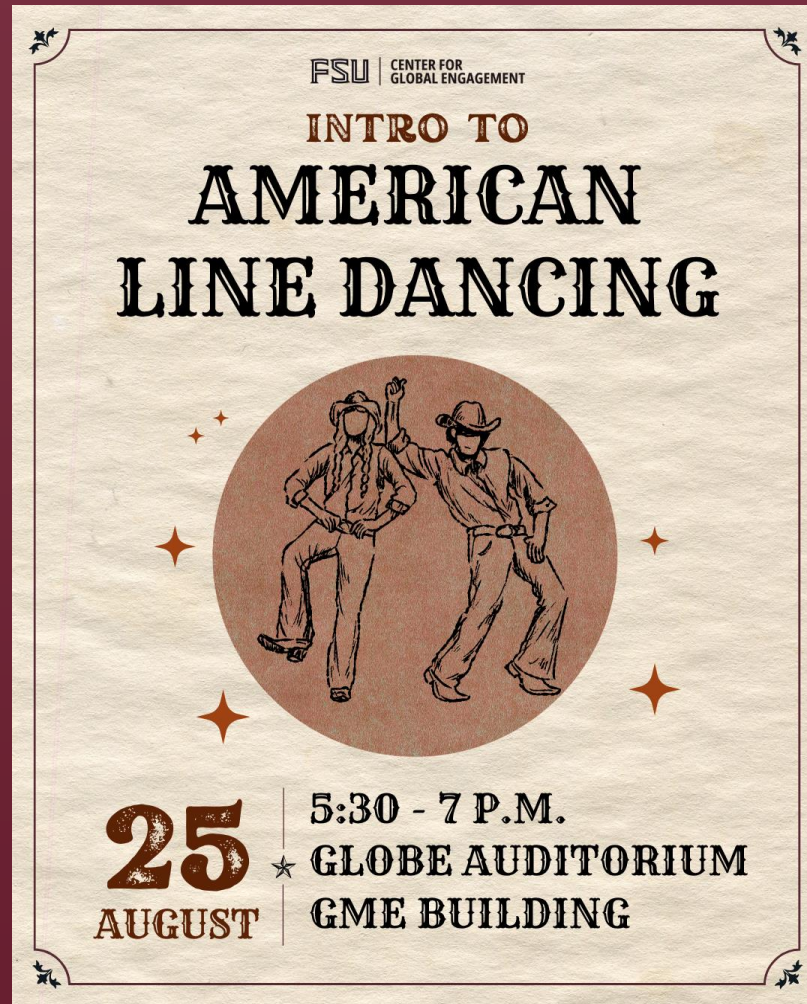
Monday, August 31, 5-7PM
at Landis Green

campusrec.fsu.edu/sportclubs

Other Upcoming CGE Fall Events

International Coffee Hour
August 21, 5-6:30

Other Upcoming CGE Fall Events



Other Upcoming CGE Fall Events



**DOAK CAMPBELL
STADIUM TOUR**

SEPTEMBER 10 | 3 - 4:15 P.M.

*EMAIL THE GLOBAL EXCHANGES TEAM OR
REACH OUT TO CGE PROGRAMS TO SIGN UP!*



The poster features a background image of Doak Campbell Stadium. At the bottom, a group of eight diverse international students are posed in two rows. The top row has five students standing, and the bottom row has three students sitting or kneeling. They are all smiling and looking towards the camera. The background behind them is a green field with yellow polka dots.

Speaking of Football...

<https://seminoles.com/feature/students>

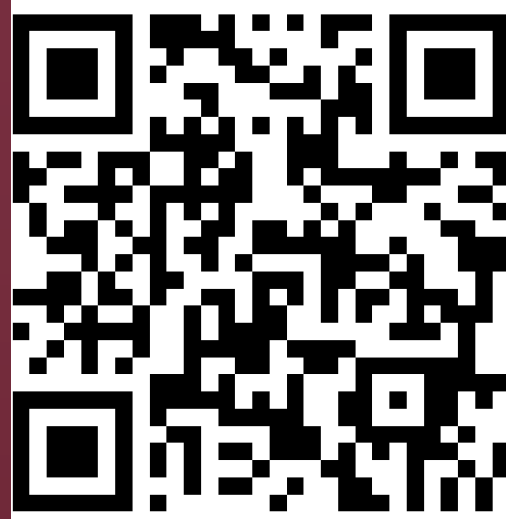
Register for your Spearlt Rewards Account

- *Get points for going to other sports – will increase your chance of getting football tickets*

First game ticket lottery opens:

- *Monday, Aug. 24 at 12:00 pm noon until Aug. 25 at 12:00 pm noon*

Student Season Tickets - \$250



#MYFSUEXCHANGELIFE

SHARE YOUR

STORY

Are you an FSU Global Exchange student?
We want to hear from **YOU!**

We're launching a promotional initiative — **My FSU Exchange Life** — spotlighting the real stories, memories, and moments that made your exchange unforgettable. Whether your experience was **inbound** or **outbound**, your experience could inspire the next generation of global Noles!



Calling All Content Creators!

- Share your adventure via photos and/or videos to be featured on the Global Exchanges (@fsuexchanges)/Center for Global Engagement (@fsucge) social media, website, and/or the CGE Global Connections Newsletter.
- This is an opportunity to be an ambassador of your Exchange experience for future Global Exchange participants!



Questions?

WELCOME EXCHANGE STUDENTS!

Exchange Student Orientation

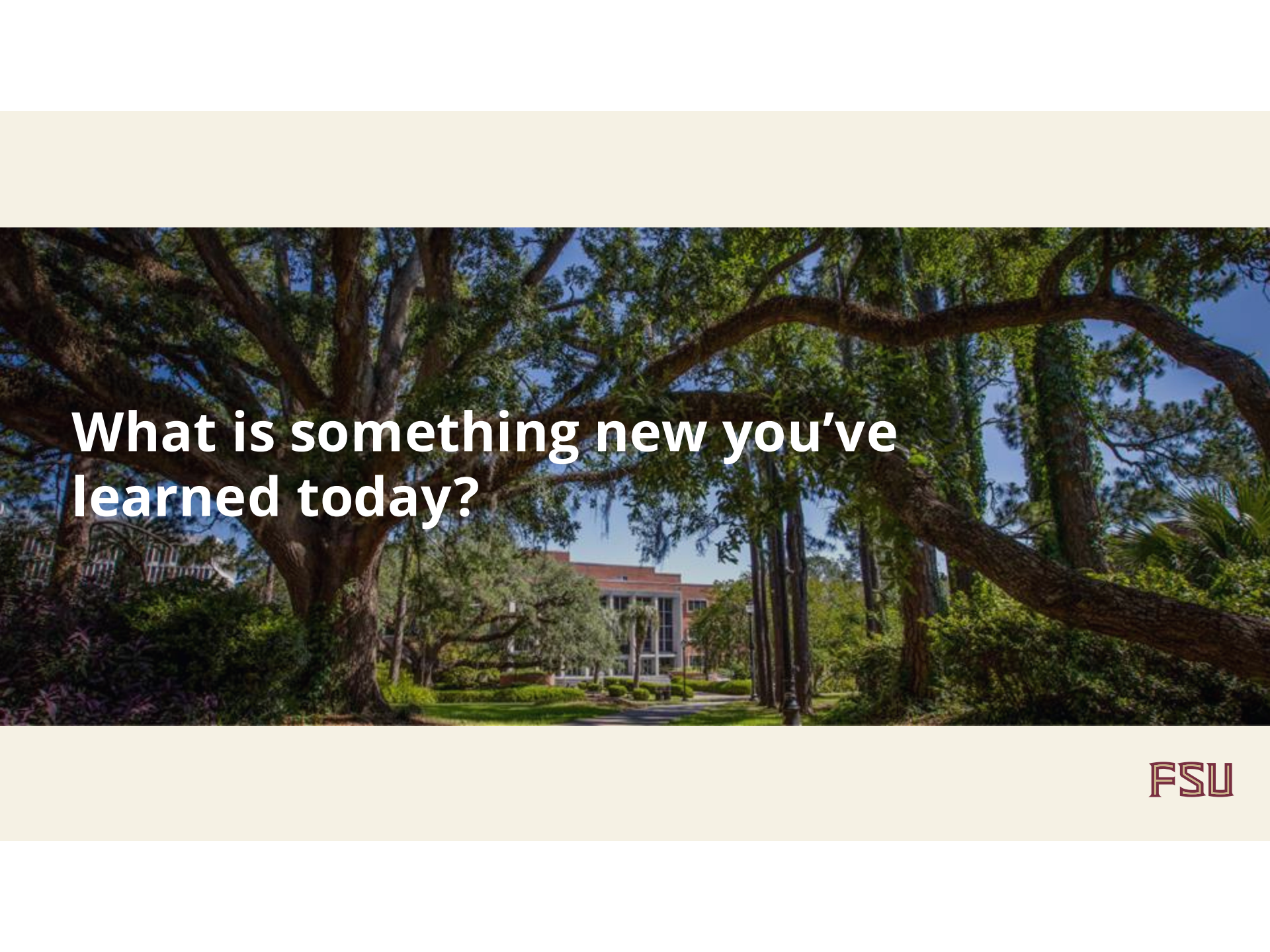
12:00 PM – 5:15 PM

The Globe – 110 S Woodward Ave

Schedule

3:30 - 4:20	J-1 Advising
4:25 - 5:15	Academic Success
5:15 - 6:30	Resource Fair



A scenic view of a university campus. In the foreground, there are large, mature trees with thick trunks and dense green foliage. A paved path leads through the trees towards a large, multi-story building with a red brick facade and many windows. The sky is blue with some light clouds. The overall atmosphere is peaceful and academic.

What is something new you've learned today?



So, What Are We Talking About?

- 01.** COMMUNICATION
& REMINDERS
- 02.** CLASSES &
ACADEMIC SUCCESS
- 03.** EXCHANGE
STUDENT SAFETY
- 04.** CULTURE SHOCK &
ADJUSTMENT

COMMUNICATION

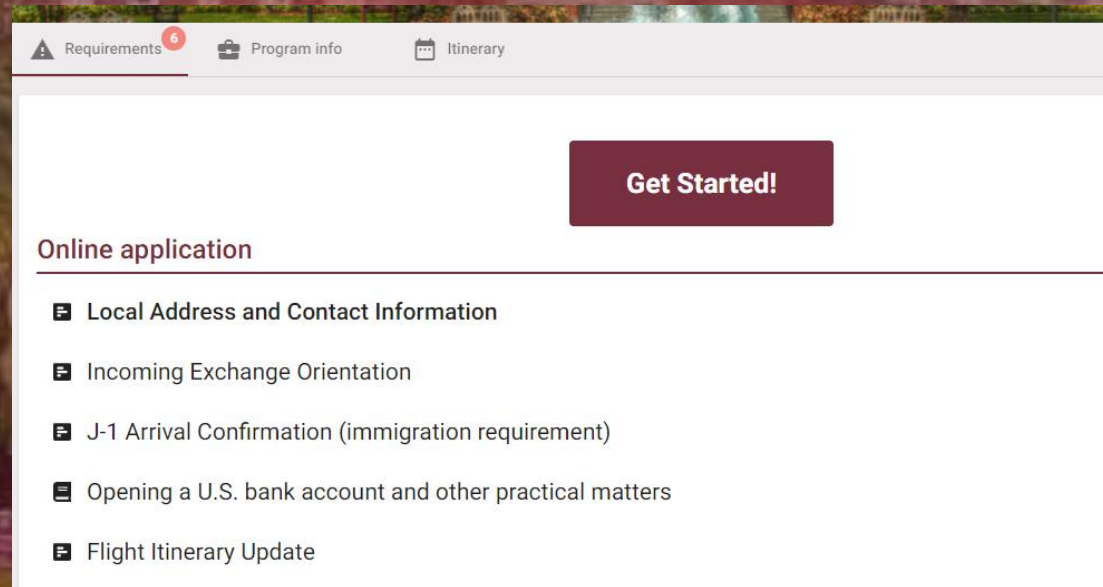
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25-26 Incoming Exchange

WhatsApp group



Complete Global Exchange Arrival Requirements



The screenshot shows a web interface with a top navigation bar containing three tabs: 'Requirements' (with a red notification badge showing the number 6), 'Program info', and 'Itinerary'. Below the navigation bar is a large maroon button with the text 'Get Started!'. Underneath the button, the section 'Online application' is displayed, followed by a list of five tasks, each preceded by a small maroon square icon with a white document symbol:

- Local Address and Contact Information
- Incoming Exchange Orientation
- J-1 Arrival Confirmation (immigration requirement)
- Opening a U.S. bank account and other practical matters
- Flight Itinerary Update

Globalexchanges.fsu.edu

Log in with your non-FSU email and password
that you set up when you first applied!



Emergency Procedures

- FSUAlert system for university closures & emergencies
- Download SeminoleSAFE app
- Global Exchanges team will use WhatsApp to confirm safety or evacuation plans –
 - Keep notifications ON!
- Notify your home university of safety & travel plans

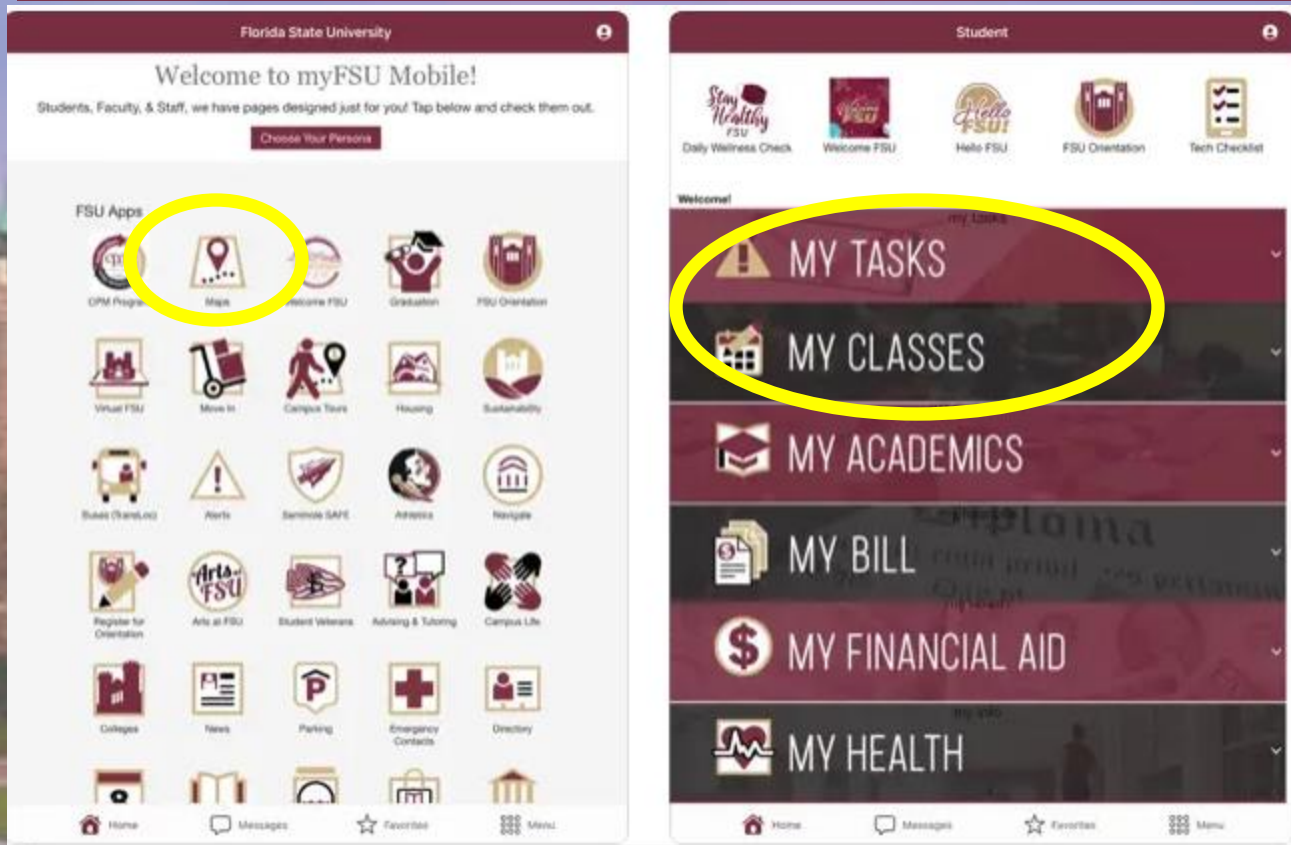


Academic Success

**Classroom Culture in the US
and
FSU Academic Matters**

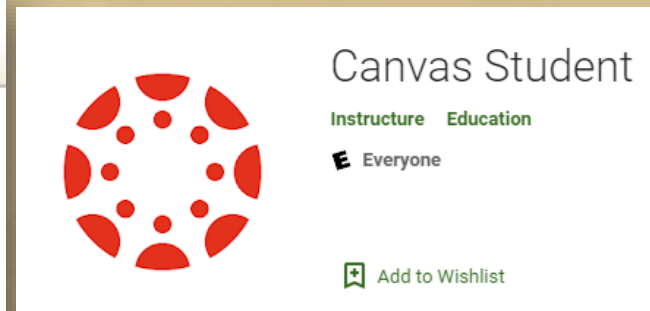
Download MyFSU App

For all your FSU needs!



Canvas

Online tool for all FSU classes used for:
assignments, grades, course content, more!



Download the
Canvas
Student App
& allow
notifications!

Books

Located at the Student Union

**Can be done online and
picked up or purchased in person**

**Some classes include an
automatic book order charge
(You can opt-out before the Sept. 4 deadline)**

www.bkstr.com/floridastatestore/home

Registration Process

- All course requests are approved by Academic Department.
- Restrictions on classes based on type of exchange agreement with your home university.
- Class changes should ONLY be made if determined that you do not qualify to take the class.
- We have worked hard to get you the best schedule possible!

Changes to Schedule

Reasons that are NOT OK for schedule change:

- Class on Friday
- Too early in the morning/Too late
- Exams during times you want to travel

Drop/Add Process

1. Email C.Reichert@fsu.edu and cc inboundexchange@fsu.edu to make your request.
Drop/Add requests MUST be emailed
2. Include this information:
 - Your name
 - Course Number & Name of Class or classes you want to drop or add
 - Time and location of each class (if adding)
 - Class Number of each class requesting
3. Allow at least 1 business day for processing.
4. Do not ask other academic advisors or professors to make changes to your schedule. Only submit your requests to C.Reichert@fsu.edu (cc'ing inboundexchange@fsu.edu)
5. Contact your home university for approval of your updated schedule.
 - It is your responsibility to make sure that your classes are approved by your home university.

Drop/Add Process

Final Deadline to
Request Changes:

Wednesday,
August 26
at 12:00 PM

All Requests must be emailed!

Drop/Add Process



To ask questions
during Drop/Add,
make an appointment
with
Caitlin

First Day Requirements

- First Day Attendance Policy
 - If you are sick on the day your class meets for the first time, you **MUST** contact your instructor in advance of your scheduled first class to notify them of your absence
 - Find their email in Canvas or on faculty directory (at fsu.edu or on your myFSU app)

Attendance Policies

- Check your professor's attendance policy!
- Grades based on participation or attendance
- Do not plan trips during class days expecting to not attend class!

READ THE



**SYLLABUS YOU
MUST**

CLASSROOM CULTURE IN THE U.S.



Varying class sizes: from 10-200



The Syllabus: a complete guide to your class



Teaching styles differ: lecture vs. facilitator

Interactions with professors: Address professors as “Dr.” or Professor unless told OK to use first name. Office Hours- Take advantage of this!



Presentations, participation, & group work are very common! More frequent assessments (quizzes, etc.)

ACADEMIC HONOR POLICY VIOLATIONS

FSU defines plagiarism as:

“presenting the work of another as one's own (i.e., without proper acknowledgement of the source)”

- FSU Academic Honor Policy, 2014, p. 1



- ⊗ Using another's work from print, web, or other sources without acknowledging the source.
- ⊗ Quoting from a source without citation
- ⊗ Using facts, figures, graphs, charts, or information without acknowledgement of the source

Tutoring.fsu.edu

Reading & Writing Center



- ✍ Individualized instruction in writing
- ✍ Reading through one-to-one tutoring
- ✍ Small group workshops
- ✍ Make an appointment:

fsu.mywconline.com

Tutoring Information



- ✍ Go to tutoring.fsu.edu for full list of tutoring
- ✍ Tutoring offered by Academic Center for Excellence (ACE), Strozier Library, and more

ADDITIONAL RESOURCES

Academic Center for Excellence (ACE)
Help all undergrad students develop study skills & personal success habits



FSU Libraries

Librarians assigned to fields of study to assist with your research

BIG CAMPUS – LOTS OF RESOURCES

- Explore your resources before you need them.
- Ask for help early before a crisis occurs.
- Check your FSU email daily for important information, advisors or instructors alerting you to problems, and campus wide issues. Respond when an email indicates action is required. Allow at least 24 hours before sending a follow-up email.
- Identify yourself when emailing/calling - "Hi, my name is ----, My FSUID is --." **Do not provide an SSN or passwords in email to anyone.**
- Remember that you have access to counseling, academic support, and academic advising with your fees. Use them!



EXCHANGE STUDENT SAFETY



Advice from former student experiences:

- Give yourself time to adjust to FSU life and learn the safe areas.
- Choose where you go and who you go with carefully.
- Recognize that you don't always know what is safe or unsafe to do so find trusted people to hang out with.
- Never lose sight of your friends for too long when going out and make sure everyone you leave with arrives home safe.

Responsible Use of Alcohol for Students Abroad looks like...



- A student abides by the laws of the country in which they are studying (21 in US)
- A student does not miss class/scheduled events because of the effects of alcohol
- A student does not engage in inappropriate behavior toward other individuals because of alcohol consumption
- Students in the group do not facilitate, encourage, or ignore a fellow student who is abusing alcohol
- Understands what “open container” laws mean in Florida!

'Drink Spiking' Drug Precautions

- Never accept a drink from a stranger
- Do not leave drinks unattended
- Party with friends
- If you think your drink has been drugged, get away immediately
- Seek medical attention and report to appropriate authorities for support





Pedestrian Safety

- Cars may not always give you the right of way
- Speeding on streets near campus is common
- Pay attention and do not cross without checking both ways
- Watch out for electric scooters and other vehicles passing by on campus



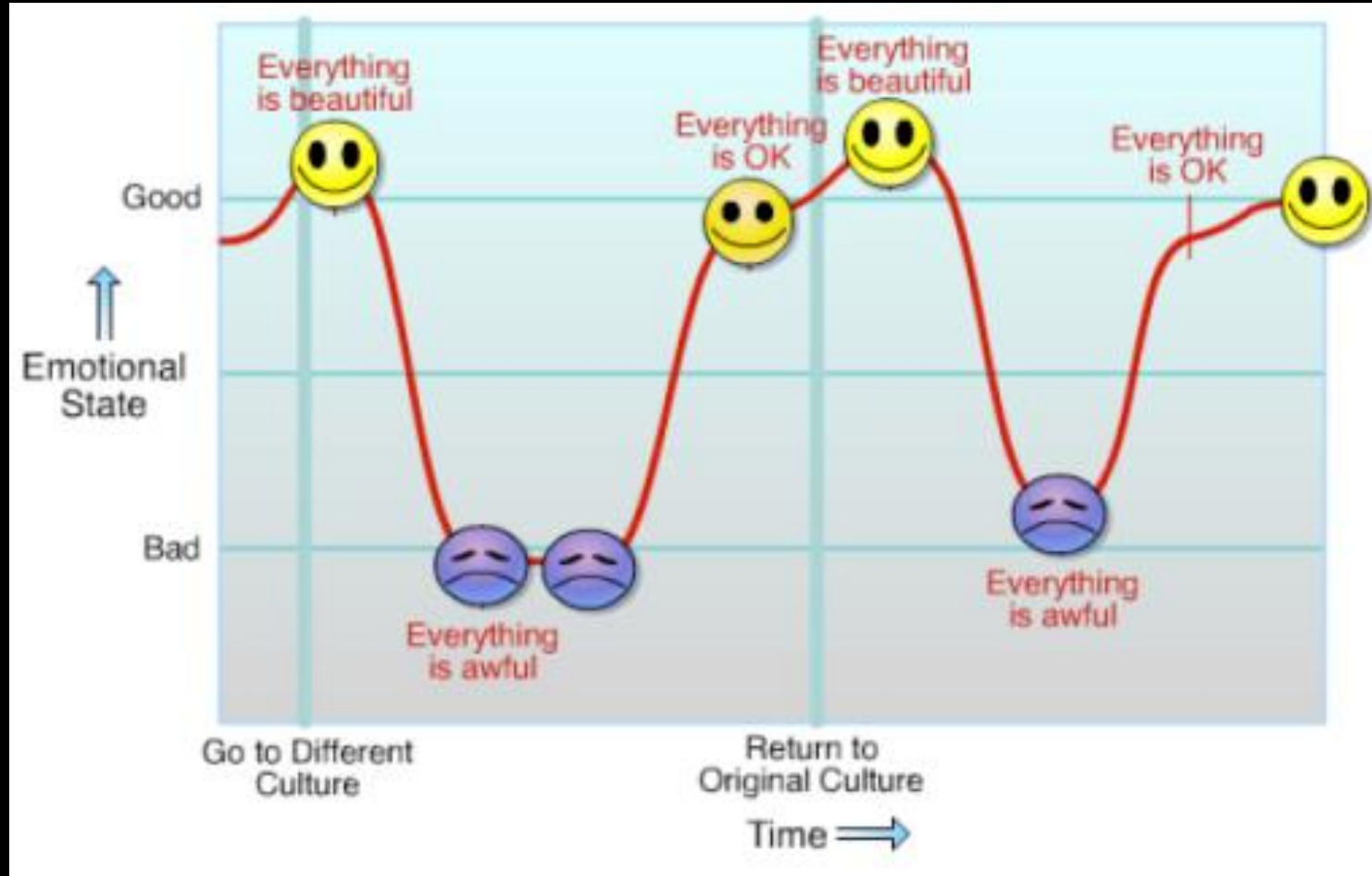
Bicycle Safety

- Bike laws and norms may be different.
- Lack of bike lanes on roads make it dangerous.
- [Bike Rental Program and Safety Class to learn local laws and safety tips](#)

A background image featuring several American flags waving in the wind. The scene is set during sunset or sunrise, with a warm, golden light illuminating the flags and creating a bokeh effect in the background. The flags are the primary visual element, with their red, white, and blue colors prominent.

CULTURE SHOCK & ADJUSTMENT

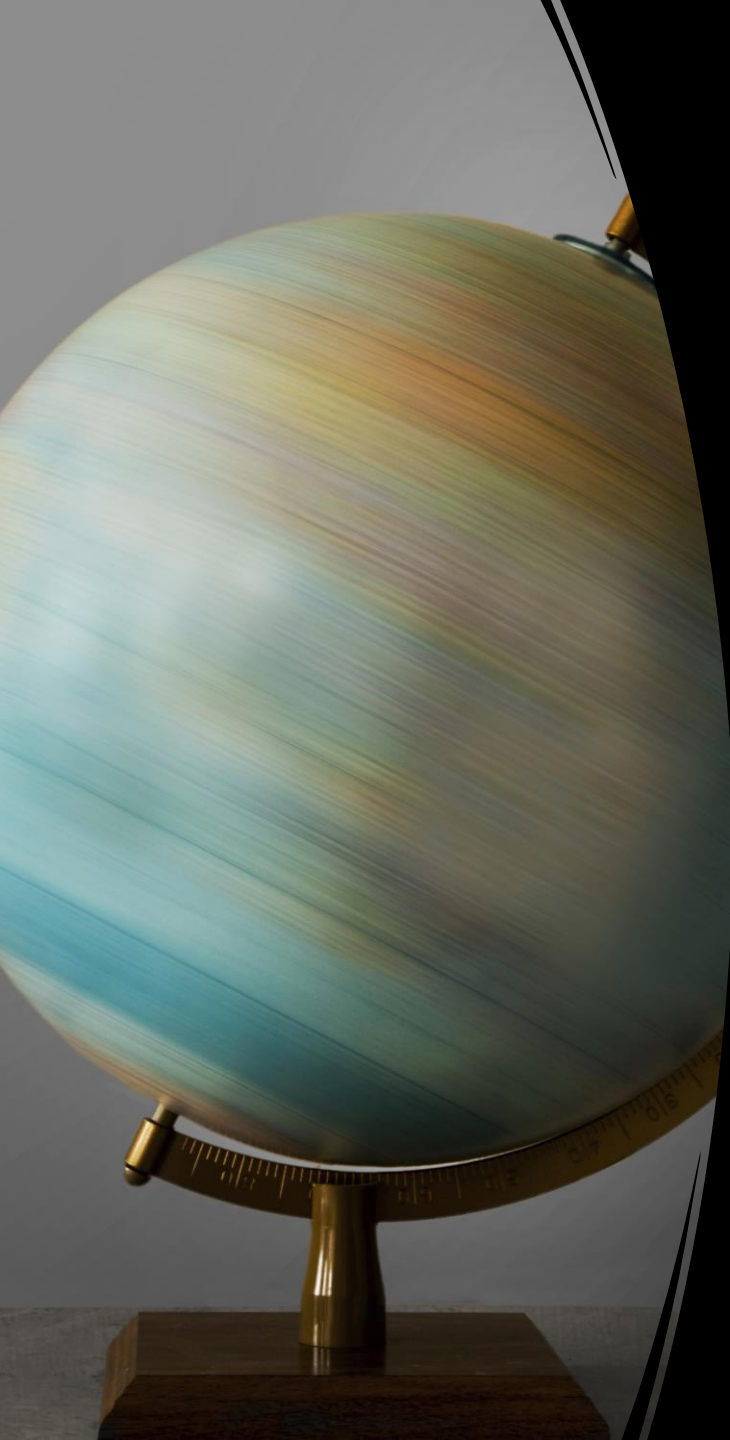
CULTURE SHOCK STAGES



FSU COUNSELING AND PERSONAL SUPPORT

- **Counseling Center** – <https://counseling.fsu.edu> - counselors and psychologists available – A variety of services, including groups, confidential drug and alcohol counseling, eating disorder treatment, couples counseling.
- **Health Center** – <https://uhs.fsu.edu> - psychiatrists available for prescriptions.
- **Victims Advocate** - <https://dsst.fsu.edu/vap> - confidential support when a student is a victim of a crime.
- **Case Management** - <https://dsst.fsu.edu/cms> - support in a variety of crisis situations, help identifying resources.





Advice for Dealing with Culture Shock:

- Stay open-minded
- Ask questions when you don't understand something!
- Don't be afraid to make mistakes when adjusting to new culture
- Use your resources to help and support you
- Give yourself patience and time to adjust!
- Communicate with other Exchange students. Also, many FSU Buddies are returned Exchange Students



Questions?

Final Reminders!

- 5:20 – 6:20:
 - Resource Fair and snacks!
 - Truist, Card Center, Health Center,

Other Upcoming CGE Fall Events

TOMORROW!
International Coffee Hour
August 21, 5-6:30

Check-Out

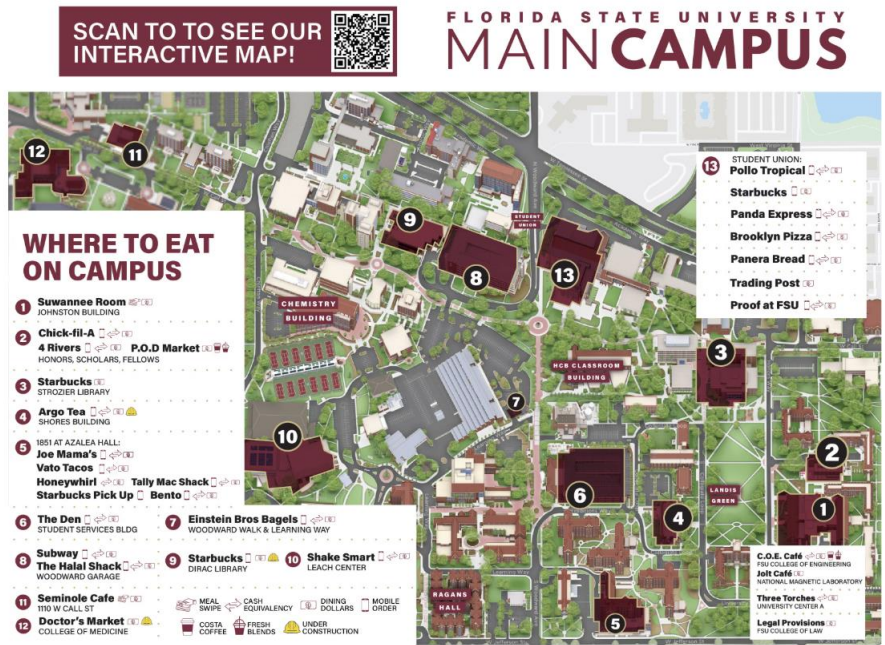


Check out steps (must complete all!)

1. Scan the QR Code
2. Complete the anonymous survey
3. Click "Submit"
4. Sign in with your FSUID to finish check-out

Please only complete this form for yourself.

Hungry?



A few places to eat on campus

- Campus Map - Florida State University
- The Union
- 1851
- Dining Halls
- Markets
- Coffee & Tea
- And more!

<https://welcome.fsu.edu/whats-open>